

RECREATION CENTER CALENDAR



JANUARY 2010

COMMUNITY RESOURCE & RECREATION CENTER

125 Mabel Jones Drive – Below the Dam – Phone 964-3003

Office Hours 8 am – 3 pm Monday – Friday - web site: www.crrcofcanyonlake.org

CRRC

<p>ATTENTION SENIORS! Join the fun at the SilverSneaker I & II exercise programs. If Yoga is more your style, check out the SilverSneakers Yoga classes on Tuesdays! Pickleball is now five days a week! Come on down and get healthy while you are having fun!</p>					<p>1 Friday <i>Happy New Year!!</i> <i>Rec Center closed</i></p>	<p>2 Saturday 8 - 1:00 Basketball draft</p> 
<p>3 Sunday 6:00-9:00pm Adult pay & play volleyball</p>	<p>4 Monday 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>5 Tuesday 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice 6:30 Western Dance class</p>	<p>6 Wednesday 8:30am SilverSneakers®II 10 SilverSneakers®yoga 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>7 Thursday 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 10:30 Irish group dancing 12:30-3:00 Pickleball 2:15-4:30 Sign Language 6:00 Basketball practice</p>	<p>8 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 6:00 Basketball practice</p>	<p>9</p>
<p>10 10:00 am Church at Canyon Lake 6:00-9:00pm Adult pay & play volleyball</p>	<p>11 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>12 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice 6:30 Western Dance class 6:00 Basketball practice</p>	<p>13 8:30 SilverSneakers®II 10 SilverSneakers®yoga 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>14 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>15 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 6:00 Basketball games</p>	<p>16 Basketball games – all day</p>
<p>17 10:00 am Church at Canyon Lake 6:00-9:00pm Adult pay & play volleyball</p>	<p>18 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>19 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice 6:30 Western Dance class 6:00 Basketball practice</p>	<p>20 8:30 SilverSneakers®II 10 SilverSneakers®yoga 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>21 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>22 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 6:00 Basketball games</p>	<p>23 Trouts Unlimited</p>
<p>24 10:00 am Church at Canyon Lake 6:00-9:00pm Adult pay & play volleyball</p>	<p>25 8:30am SilverSneakers®II 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>26 8:30 Yoga 9:00 Line Dancing 10:30 SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice 6:30 Western Dance class</p>	<p>27 8:30 SilverSneakers®II 10 SilverSneakers®yoga 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>28 8:30 Yoga 9:00am Line Dancing 10:30am SilverSneakers®I 12:30-3:00 Pickleball 6:00 Basketball practice</p>	<p>29 8:30am SilverSneakers®II 9:30am Weight Watchers 12:30 – 3:00 Pickleball 6:00 Basketball games</p>	<p>30 Basketball games – all day</p>
<p>31 SAME AS ABOVE</p>						